

Govt. of India
Ministry of Health & Family Welfare

National Mental Health Program

Scheme for Manpower Development in Mental Health (Scheme B)

A Guide to Develop Proposal under Scheme B

India is faced with acute shortage of qualified mental health professionals; adversely affecting the implementation of Community based mental health services (DMHP). To provide an impetus to the development of Manpower in Mental Health, Government of India launched Manpower Development Scheme in 11th Five Year Plan. Manpower Development Scheme has two sub schemes;

- A. *Development of Centres of Excellence in Mental Health*
- B. *Scheme for Manpower Development in Mental Health popularly known as Scheme B.*

11 Centres of Excellence have been established as targeted in the plan period. Therefore, in the current plan period there is no scope to develop more Centres of excellences in the country. Under scheme B the target was to develop manpower in the field of mental health by establishing/strengthening:

- 30 departments of Psychiatry
- 30 departments of Clinical Psychology
- 30 departments of Psychiatric Social Work and
- 30 departments of Psychiatric Nursing in the country.

Eligibility Criteria

Any Medical College/Government General Hospital/State run Mental Health Institute can apply under Scheme B.

Points to keep in mind while developing proposal under Scheme B:

1. Approved seats under each discipline

Any Medical College/Government General Hospital/State run Mental Health Institute can apply for only 1 unit of Psychiatry, Clinical Psychology, Psychiatric Social Work and Psychiatric Nursing each i.e.

- 1 unit of Psychiatry = 2 MD seats/year
- 1 unit of Clinical Psychology = 8 M.Phil. seats/year
- 1 unit of Psychiatric Social Work = 8 M.Phil. seats/year
- 1 unit of Psychiatric Nursing = 20 DPN seats/year

(An institute can apply for any discipline or all the disciplines. If the institute says it seeks to increase/start new course in Psychiatry that means 2 MD seats/year. Similarly, increasing/starting new course in Clinical Psychology or Psychiatric Social Work would mean 8 M. Phil. seats/year. The same applies to Psychiatric Nursing as well where increasing seats or starting new course would mean 20 DPN seats/year)

2. Quantum of Grant

The financial support under the scheme consists of **Capital Work** (Academic facility & hostel, furnishing and Equipments) and engaging **faculty**. The approved budget breakup under the heads of Capital Work and faculty support (in lakhs) with upper ceilings as given under.

Mental Health Specialities	Capital Work (Academic Facility & hostel), furnishings and equipments	Faculty support	Total
Psychiatry 1 Unit	40.6 Lacs	59.4 Lacs	100 Lacs
Clinical Psychology 1 Unit	31.52 Lacs	51.48 Lacs	83 Lacs
Psychiatric Social Work 1 Unit	24.36 Lacs	35.64 Lacs	60 Lacs
Psychiatric Nursing 1 Unit	24.86 Lacs	26.14 Lacs	51 Lacs
Total			Rs. 2.94 crore

In case an institute applies for one unit of each discipline then the total funding will be Rs. 2.94 crores.

(Proposed budget must not exceed the upper limit of financial ceiling as given above)

3. Faculty Support

Faculty support is available under the scheme. As per the guidelines of the scheme faculty can be recruited on contract basis as given below.

Mental Health Specialities	Faculty & Technical Staff Approved (no. of positions)	Salary/honorarium (Per Month)
Psychiatry 1 Unit	Professor (1)	60,000
	Associate Professor (1)	50,000
	Assistant Professor (1)	40,000
Clinical Psychology 1 Unit	Assistant/Associate Professor (2)	25,000
	Clinical Psychologists (4)	20,000
Psychiatric Social Work 1 Unit	Assistant/Associate Professor (2)	25,000
	Psychiatric social Workers (2)	20,000
Psychiatric Nursing 1 Unit	Assistant/Associate Professor (2)	25,000
	Tutor (1)	16,000

(There is an annual 10% increment for each position. The budgeted salary in proposal should strictly be in consonance with the scheme i.e. it should not less than the approved salary.)

4. The pre-requisite for consideration of the proposal are:

- The Commitment from State government to take over entire funding after the completion of 11th Five year plan.
- In case construction is required with respect to the implementation of the Scheme B, prepare a cost estimate duly vetted by any government agency (e.g. PWD) and enclose a copy of the same with the proposal.

(An advance copy of the proposal can be sent to the MoHFW but the institute must apply for State Commitment.)

To,

The Joint Secretary
Ministry of Health & Family Welfare
Nirman Bhawan
Maulana Azad Road
New Delhi – 110108

Subject: State Commitment to take over the entire funding under Scheme – B of Manpower Development of NMHP after the completion of 11th five year plan.

Sir/Madam,

With respect to the proposal submitted by ABC(write the name) medical college/mental health institute to the Ministry of Health Family Welfare under Scheme - B of Manpower Development of National Mental Health Programme (write letter reference) to receive central assistance so as to increase the seats or start new courses in Psychiatry/Clinical Psychology/Psychiatric Social Work/Psychiatric Nursing (may write whichever is applicable) the state government hereby undertakes to take over the entire funding after the completion of 11th five year plan. The state government also undertakes to the effect that:

- The funds /staff/equipments intended for the programme will be made available expeditiously to the actual users and the same will not be used for any other purposes.
- The state government shall take full responsibility for effective implementation of the program as per the guidelines issued by the Ministry of Health and Family Welfare from time to time.
- The necessary infrastructural as well as administrative support will be made available expeditiously by the district administration as well as the Medical Education Department for the effective-time bound implementation of the program.
- The surplus funds if any will be utilized for extending mental health services to adjoining/contiguous districts with the prior approval of the Union MoHFW.
- The utilization certificate and action taken report will be submitted to the central government in a time bound manner.
- The institute/medical college will be sustained by the state government at the end of completion of central assistance.

(Signature)
Competent Authority

Part A: Basic Information about the infrastructure and resources available with the institution

1. Name of the Medical College/Mental Health Institute:
2. Affiliation details of the institute
3. Nodal person for the scheme with contact details:

	Principal/Dean of institution	Head of the Department Concerned
Address for Correspondence		
Email id		
Mobile No.		
Office No.		
Fax No.		

4. Existing courses in mental health specialities:

	Name of the Courses	No. of seats	Name of the Recognizing/Affiliating body
Psychiatry (MD/DPM/DNB)			
Clinical Psychology (Ph.D./M.Phil.)			
Psychiatric Social Work (Ph.D./M.Phil.)			
Psychiatric Nursing (B.Sc./GNM/DPN)			

Forecast of Expansion of the infrastructure

5. Total area of the institute:

6. Amount of land available for expansion:

Existing status of Mental Health Services and Education

7. No. of Psychiatric wards and availability of beds:

	Male	Female	children	De-addiction	Others, if any
Wards					
Beds					

8. Availability of community mental health services: Yes/No, if yes please Specify

9. Availability of human resources in the institution under different mental health discipline (in figures):

	Professor		Asso. Professor		Asth. Professor		Others (If Yes, please specify)	No. of seats
	S*	F**	S*	F**	S*	F**		
Psychiatry								
Clinical Psychology								
Psychiatric Social Work								
Psychiatric Nursing								
Total								

* No. of Sanctioned Posts

**No. of Filled Posts

10. Availability of Equipments/Instruments:

Disciplines	Equipments/Instruments available
Psychiatry	
Clinical Psychology	
Psychiatric Social Work	
Psychiatric Nursing	

Part B: Preliminary Proposal

11. Proposal to start new courses/increase seats in mental health:

Disciplines	Only one unit is permissible	Please put mark (Y) wherever desired, otherwise put (N)
Psychiatry	1 unit = 2 MD Seats/year	
Clinical Psychology	1 Unit = 8 M. Phil. Seats/year	
Psychiatric Social Work	1 Unit = 8 M. Phil. Seats/year	
Psychiatric Nursing	1 Unit = 20 DPN Seats/year	

12. Recognition from respective councils with respect to the proposal applied for:

	Applied for recognition (yes/No)	Recognition received (Yes/No)	Expected time to receive the recognition/approval
Psychiatry			
Clinical Psychology			
Psychiatric Social Work			
Psychiatric Nursing			

13. Proposed Budget (in Rs. Lacs)

Approved Head of budget	Psychiatry	Clinical Psychology	Psychiatric Social Work	Psychiatric Nursing
Construction Work (give details below)				
1.				
2.				
3.				
4.				
Equipments (Technical & Non - Technical)				
5.				
6.				
7.				
8.				
9.				
Furnishings				
10.				
11.				
12.				
13.				
14.				
Total				
Faculty Support (No. of faculty required X monthly remuneration* X 12 = annual estimated budget)				
Professor	1 st Year*			
	2 nd year (@ 10% increment of 1 st year)			
	3 rd year (@ 10% increment of 2 nd year)			

Associate Professor	1 st Year*						
	2 nd year(@ 10% increment of 1 st year)						
	3 rd year (@ 10% increment of 2 nd year)						
Assistant Professor	1 st Year*						
	2 nd year(@ 10% increment of 1 st year)						
	3 rd year (@ 10% increment of 2 nd year)						
Clinical Psychologist	1 st Year *						
	2 nd year(@ 10% increment of 1 st year)						
	3 rd year (@ 10% increment of 2 nd year)						
Psychiatric Social Worker	1 st Year*						
	2 nd year(@ 10% increment of 1 st year)						
	3 rd year (@ 10% increment of 2 nd year)						
Nursing Tutor	1 st Year*						
	2 nd year(@ 10% increment of 1 st year)						
	3 rd year (@ 10% increment of 2 nd year)						
Total							

* - refer point no. 3 of "A Guide to Develop Proposal under Scheme B"

Note:

1. Additional rows may be inserted in the above table wherever required
2. Proposed budget should not exceed the financial ceilings as given in the guide
3. Please enclose the cost estimate duly vetted by any government agency (PWD)

14. Any other relevant information:

Signature of the competent authority with seal
Name
Designation