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F.No. T.20013/40/2017-NCD/PH-I
Government of India
Ministry of Health and Family Welfare

Nirman Bhawan, New Delhi – 110108
Dated 09 May, 2018

To.

1. The Principal Secretaries (HFW) of all States/UTs
2. The Mission Directors (NHM) of all States/UTs
3. The State Nodal Officers (NMHP) of all States/UTs

Subject: List of Psychotherapeutic Drugs/Medicines that should be available at District Hospital/CHC/PHC levels.

Sir,

I am directed to refer to the guidelines for implementation of district level activities under the National Mental Health Programme, circulated vide letter dated 24.06.2015, containing, inter-alia, list of drugs that should be available at District Hospital/CHC/PHC levels and to state that the revised indicative list of drugs for various mental health conditions that should be available at District Hospital/CHC/PHC levels is as under:

1. List of Psychotherapeutic Drugs/Medicines that should be available at District Hospital Level

S.No.	Mental Health conditions	Psychotherapeutic drugs/medicines
1	Psychotic Disorders	Tab Haloperidol 5mg
		Tab Risperidone 2 mg
		Tab Olanzapine 5 mg
		Inj Fluphenazine 25 mg
		Inj Haloperidol
		Inj Risperidone*
2	Depressive Disorders	Tab Imipramine 25 mg
		Tab Escitalopram 10 mg
		Cap Fluoxetine 20mg
3	Bipolar Disorders	Tab Lithium Carbonate 300 mg
		Tab Carbamazepine 200 mg
		Tab Sodium Valproate 500 mg
		Tab Olanzapine 5 mg
		Inj Risperidone*
4	Generalized Anxiety and Sleep Disorders	Tab Zolpidem 10 mg
		Inj Promethazine 50 mg
		Tab Clonazepam 0.5 mg
		Tab Lorazepam 1 mg
		Inj Lorazepam
5	Obsessive Compulsive Disorders and Panic Attacks	Cap Fluoxetine 20 mg
6	Epilepsy	Tab Sodium Valproate 500 mg

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S.No.	Mental Health conditions	Psychotherapeutic drugs/medicines
		Tab Phenobarbitone 30 mg and 60 mg
		Tab Diphenylhydantoin 100 mg
		Tab Carbamazepine 200 mg
		Inj Lorazepam
7	Miscellaneous	
	a) Extra pyramidal symptoms	Tab Trihexyphenidyl 2 mg
		Inj Promethazine 50 mg

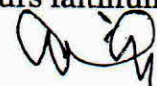
* to be administered under supervision of Psychiatrist

2. At CHC/PHC level

S.No.	Mental Health conditions	Psychotherapeutic drugs/medicines
1	Psychotic Disorders	Tab Haloperidol 5mg
		Tab Risperidone 2 mg
		Tab Olanzapine 5 mg
		Inj Fluphenazine 25 mg
2	Depressive Disorders	Tab Imipramine 25 mg
		Tab Escitalopram 10 mg
3	Bipolar Disorders	Tab Olanzapine 5 mg
4	Generalized Anxiety and Sleep Disorders	Inj Promethazine 50 mg
		Tab Clonazepam 0.5 mg
		Tab Lorazepam 1 mg
		Inj Lorazepam
5	Obsessive Compulsive Disorders and Panic Attacks	Cap Fluoxetine 20 mg
6	Epilepsy	Tab Phenobarbitone 30 mg and 60 mg
		Tab Diphenylhydantoin 100 mg
		Inj Lorazepam
7	Miscellaneous	
	a) Extra pyramidal symptoms	Tab Trihexyphenidyl 2 mg
		Inj Promethazine 50 mg

This issues with the approval of the Secretary, Ministry of Health and Family Welfare.

Yours faithfully,



(Ajaya Kumar KP)

Under Secretary to the Govt. of India

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