

A Child's Mental Health Matters.

If your child has:

Sudden changes in school performance/
poor grades



Delayed physical or mental development



Poor attention/
hyperactivity



Frequent changes in emotions and mood



Frequent temper-tantrums/
aggression



Recent sleep disturbance



visit your nearest health centre with your child

#MentalHealthMatters #LetsTalk | Mental Health Care Act, 2017



Issued in public interest by:

NATIONAL MENTAL HEALTH PROGRAMME

Ministry of Health & Family Welfare, Government of India, Nirman Bhawan, New Delhi - 110108

Visit : www.mohfwnic.in for further details

