

जन-जन का रखे ध्यान, टीबी-मुक्त भारत अभियान

Regional Media Coverage | 27th January 2025

Nagaland

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TB FREE NAGALAND: Call to intensify 100 days campaign for TB elimination

Our Correspondent

Kohima | January 27

Nagaland Chief Secretary Dr J Alam today called upon all the line departments in Nagaland to pull their socks up and intensify 100 Days campaign for eliminating Tuberculosis (TB) by 2025.

Addressing the meeting of Administrative Heads of Department (AHOs) and Heads of Departments (HoDs) at Nagaland Civil Secretariat Conference Hall, Kohima, Dr. Alam called for intensive outreach and awareness actions required for the success of the campaign.

He also requested all the Deputy Commissioners to have proper review meeting and involve all the civil societies, Church leaders and other influential people in the committee to devise strategies for successful campaign and to achieve the targeted outcomes.

Since the launch of the 100 Days campaign for eliminating TB by 2025 in Nagaland along with the rest of the country, the state department of Health & Family Welfare through National TB Elimination Programme and National Health Mission (NHM) Nagaland has embarked various steps for success of the campaign for TB free Nagaland.

In today's AHOs and HoDs meeting, Dr Alam administered TB Mukta Bharat pledge for eliminating the fear of TB with right knowledge, to be vigilant and end discrimination & stigma related to TB and to dedicate towards a TB- Free Bharat.

Nagaland records

3843 TB patients

Anoop Khinchi, Commissioner & Secretary for Health & Family Welfare, Nagaland said that



Nagaland Chief Secretary Dr J Alam administers TB Mukta Bharat in Kohima on January 27. (Morung Photo)

Nagaland state has about 3843 TB patients. He said that TB remains India's biggest public health challenge with estimated 28 lakhs new cases occurring annually contributing to 26% of global burden mostly poor sections of the society. Kinchi said that the Government of India has committed to end TB by 2025 in the country, ahead of the SDG targets.

TB causes largest number of deaths among all the infectious diseases. Every year 3.5 lakh people die of TB in India, 1300 deaths every day.

He said that under nutrition increases the risk of development of TB and TB leads to worsening of under nutrition due to tissue breakdown. There is evidence that addressing the under nutrition among the TB patients, improves response to the treatment, reduces mortality and improves long term treatment outcomes. Good and balanced nutrition strengthens the immune system which results in breakdown of the infection be-

fore it converts to TB.

On September 9, 2022 President of India launched 'Pradhan Mantri TB Mukta Bharat Abhiyaan', also called the Nikshay Mitra Doner campaign.

He said that PMTBMA has become the world's largest crowd sourcing initiative for nutritional support and has received tremendous support from all sections of the society.

He encouraged the community to adopt TB patients and support in terms of nutritional support, supplements, and additional investigations for 6 months at the rate of Rs 500 per month. Under Nikshay Poshan Yojana, GoI is giving Rs 1000 per month during the treatment period.

A stratified 100 day campaign approach to finding missing cases reducing TB deaths and prevention of new TB cases was launched on December 7, 2024. It entails increased case detection increased of nutrition interventions and increased awareness in the com-

munity towards early detection and complete treatment of TB. It is being implemented in 3 high focus districts of Kohima, Mon and Wokha.

Call for active community participation

Khinchi said that active participation by community will help in spreading awareness and also accelerate fight against the stigma attached with TB. He sincerely appealed one and all to support for elimination of TB. Active participation of all and timely support in this nationwide campaign is very crucial, he said adding "The partnership with the Department will largely focus on strengthening collaborative activities we can conduct following activities. Display of IEC material in all offices, awareness generation of all staff on TB, dissemination of TB messages through various platforms, register Nikshay Mitra from various organizations, Screening of TB and Specific Activities in concerned

departments."

"We need to create awareness that TB is treatable and preventable and the treatment is effective. It is available free of cost in the Govt hospitals," Khinchi said.

Overview on TB elimination campaign

Dr Vezokholu Theyo, State Programme Officer, National TB Elimination Programme, Nagaland, made a power point presentation on overview of 100 days campaign on TB elimination.

She said that India has the highest estimated burden of tuberculosis infection (TBI) globally, with nearly 35-40 crore Indian population having TBI, of which 28 lakh (18-36 lakh) are estimated to develop tuberculosis (TB) disease annually. 5-10% of those infected will develop TB disease over the course of their lives, usually within the first 2 years after initial infection. She said that TB can occur in any age and can affect any organ except hair and nails.

Dr Theyo maintained that with the launch of 100 days intensified TB Campaign, TB incidence rate (per lakh population) has decreased from 237 (in 2015) to 195 (in 2023). The target is to reach to 47. TB death rate (per lakh population) has decreased from 28 (in 2015) to 22 (in 2023). The target is to reach to 3.

Intensified TB campaign aim to accelerate TB case detection, reduce mortality, and prevent new cases through focused interventions in districts with the highest TB burden in a stratified approach. The campaign will impact positively towards the overall goal of reducing mortality and morbidity due to TB, she said.



Home - Tuberculosis remains India's biggest public health challenge; 100-Day TB Campaign meeting held in Kohima

Nagaland

Tuberculosis remains India's biggest public health challenge; 100-Day TB Campaign meeting held in Kohima

Kohima

BY NTN Correspondent | Monday, 27 January, 2025



A meeting of the Additional Heads of Departments (AHODs) and Heads of Departments (HODs) on observation of the 100-Day Tuberculosis (TB) Campaign in collaboration with various departments in Nagaland was held at the Secretariat Conference Hall on January 27.

Chief Secretary of Nagaland, Dr. J. Alam, IAS, in his opening remark highlighted that the 100 day TB elimination

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Nagaland

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by [Bhadra Gogoi](#) January 27, 2025 5: 50 pm



Nagaland chief secretary J Alam (C) administered TB Mukt Bharat pledge in Kohima on Monday

Dimapur: Nagaland health and family welfare department's commission and secretary Anoop Khinchi on Monday said the state currently has about 3,843 TB patients.

Speaking at the meeting of the administrative heads of departments and heads of departments on the 100-day TB campaign on elimination of TB under the theme 'TB Mukt Bharat' at the secretariat conference hall in [Kohima](#), Khinchi said TB remained India's biggest public health challenge and causes the largest number of deaths among all infectious diseases.

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He said the country's estimated new TB cases annually is 28 lakhs.

He said the stratified 100-day campaign was launched on December 3, 2024, to reduce TB deaths and prevent new cases.

He also said the campaign entails increased case detection, coverage of nutrition interventions and increased awareness in the community towards early detection and complete treatment of TB.

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Chief secretary J Alam, in his opening remarks, said out of the 34 districts selected across the country for the 100-day TB elimination campaign, launched by Prime Minister Narendra Modi, three districts of Kohima, Mon and Wokha in Nagaland, considered to be high incidence

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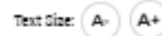
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India

Nagaland govt urges stakeholders to work for elimination of TB

PTI 27 January, 2025 06:13 pm IST



Kohima, Jan 27 (PTI) The Nagaland government on Monday urged all stakeholders to work for eliminating TB from the northeastern state.

Nagaland Chief Secretary J Alam has urged all district commissioners to conduct review meetings, collaborate with local civil society organisations, church leaders and other influential community members to strategise on achieving the goals of TB elimination.

The chief secretary made the appeal during a meeting on the 100-day TB elimination campaign launched by the Prime Minister on December 7, 2024.

Alam highlighted 347 districts across the country, including three in Nagaland – Kohima, Mon and Wokha have been selected and identified as high-incidence districts in the state.

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Further impetus required to eliminate TB – Nagaland chief secretary

Published on Jan 27, 2025

By Thejoto Nienu



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Chief Secretary Dr. J Alam flanked by Vyasan R and Anoop Khinchi during the meeting on Monday in Kohima. (EM Images)

KOHIMA – Asserting that tuberculosis has significant health implications if left untreated, Chief Secretary Dr. J Alam, on Monday, called for efforts to give further impetus to the fight against TB in Nagaland, in line with the nationwide campaign.

He made this remark during a meeting of heads of departments and deputy commissioners (DCs) from the districts as part of the 100



Airplane mode off

heads of departments at the meeting. He urged all deputy commissioners (DCs) to ensure that all districts eliminate TB by 2025.

যক্ষ্মা নির্মূল করতে প্রশিক্ষণের তোড়জোড়

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ABP

গত ৯ ডিসেম্বর থেকে বাড়িতে গিয়ে যক্ষ্মার প্রাথমিক লক্ষণ পরীক্ষা শুরু হয়েছে উত্তর দিনাজপুর জেলায়। একশো দিন ধরে জেলা জুড়ে এই চলার কথা এই কর্মসূচির। সেই কাজে বাড়িতে যাচ্ছেন স্বাস্থ্যকর্মী, আশা কর্মীরা। স্বাস্থ্য দফতর সূত্রে খবর, গত এক বছরে উত্তর দিনাজপুরে ৫৪ হাজার পরীক্ষার মাধ্যমে প্রায় দু'হাজার ৮০০ জন রোগীকে শনাক্ত করা হয়েছে এবং তাঁরা বর্তমানে চিকিৎসাধীন। গত কয়েক দিনে শতাধিক রোগীকে চিকিত করা হয়েছে।

জেলা স্বাস্থ্য দফতর সূত্রে খবর, যক্ষ্মা নির্মূল করার লক্ষ্যে এই কর্মসূচিতে আক্রান্তদের নিকটাত্মীয় বা পরিবারের সদস্যদের প্রশিক্ষণ দেওয়া হচ্ছে। উত্তর দিনাজপুর মুখ্য স্বাস্থ্য আধিকারিক পূরণকুমার শর্মা বলেন, “যক্ষ্মার চিকিৎসা বাড়িতে বসেই সম্ভব। কিন্তু অনেক ক্ষেত্রেই দেখা যায়, রোগী কিছুটা সুস্থ হয়ে উঠলে ওষুধ খাওয়া বন্ধ করে দেন। অনেকে কিছু দিনের মধ্যেই কর্মজীবনে ফিরে যান। ফলে, সাময়িক মুক্তি মিললেও রোগ নির্মূল করা সম্ভব হচ্ছে না। তাই এই উদ্যোগ।”

জেলা স্বাস্থ্য দফতর সূত্রে জানা গিয়েছে, আক্রান্তের পরিবারে ১৪ বছরের উর্ধ্বের কোনও সদস্যকে

রোগীর দেখভালের দায়িত্ব নিতে হবে। যদি রোগীর পরিবারে আর কোনও সদস্য যদি না থাকেন, নিকটাত্মীয় বা বন্ধুবান্ধব সে দায়িত্ব পালন করতে পারেন। দায়িত্বের মধ্যে রয়েছে— রোগীকে সময়মতো ওষুধ খাওয়ানো, ওষুধ খাওয়ার পরে শরীরে অন্য কোনও সমস্যা দেখা দিচ্ছে কি না, তা দেখা এবং স্বাস্থ্যকেন্দ্রে গিয়ে রোগীর পরীক্ষা, স্বাস্থ্যকেন্দ্রের পরামর্শ মানা, চিকিৎসায় ফল কেমন হচ্ছে, তা পর্যবেক্ষণ করা।

জেলা স্বাস্থ্য দফতর সূত্রে খবর, কোনও ব্যক্তির যক্ষ্মা ধরা পড়লে তাঁর পরিবারের সবাইকে কম পক্ষে ছ'মাস ওষুধ খেতে হয়। সরকারি ভাবে প্রতি মাসে ৫০০ টাকা দেওয়া হয় যক্ষ্মা রোগীদের। মূলত পুষ্টিকর খাবার কেনার জন্যই দেওয়া হয় এই টাকা।

উত্তর দিনাজপুর জেলা পরিষদের সভাপতি পম্পা পাল বলেন, “যক্ষ্মা নির্মূল করতে সামাজিক সচেতনতা প্রয়োজন। জেলার প্রতিটি পঞ্চায়েতে শিবির করতে বলা হয়েছে।”

તા.૨૫-૦૧-૨૦૨૫

■ શનિવાર

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આયુર્વેદ શિક્ષણ અને સંશોધન સંસ્થાન દ્વારા જામનગરમાં ક્ષયરોગ નાબુદી જાગૃકતા માટે શપથ અને રેલી



તસવીરકાર: ઈસ્માઈલ શેખ

જામનગર તા.૨૫: કેન્દ્ર સરકારના ૧૦૦ દિવસ ક્ષય રોગ નાબુદી પ્રકલ્પના અનુસંધાને આયુર્વેદ શિક્ષણ અને સંશોધન સંસ્થાનના ઉપક્રમે જામનગરમાં આજે કાર્યક્રમનું આયોજન કરવામાં આવ્યું હતું. શહેરના ધન્યન્ટરી મંદિર પરિસર ખાતે શપથ લીધા પછી સંસ્થાના છાત્ર-છાત્રાએ અને પ્રાધ્યાપકો વગેરેએ રેલી ડીકેવી કોલેજ સર્કલથી સંસ્થાના કેમ્પસ સુધી યોજાઈ હતી. આ તકે ઈટ્રાના ઈ. નિયામક પ્રો. બી. જે. પાટગિરી નાયબ નિયામક ડો. જોબન મોઢા ડિન સહિત કર્મચારીઓ તથા જામનગર સિટી ટી. બી. ઓફિસર ડો. પલક ગણાત્રા અને સુપરવાઈઝર હાર્દિક પુરોહિત તેમજ ક્ષય રોગ વિભાગના કર્મચારી ગણ જોડાયા હતા.

ઈદ્રા દ્વારા ક્ષય જાગૃતિ રેલી યોજાઈ...



તસવીર : અનિલ ગોહિલ

“ઈદ્રા” દ્વારા ભારત સરકારના ૧૦૦ દિવસ ટી.બી.નાબુદિના પ્રકલ્પ જાગૃતિ અભિયાનની ઉજવણી અંતર્ગત આજે તા. ૨૫ જાન્યુઆરીના રોજ સંસ્થાના વિદ્યાર્થીઓ-તબિબો અને કર્મચારીઓ દ્વારા ટી.બી. નાબુદિ માટે નિશ્ચય શપથ અને ક્ષય અંગે જનજાગૃતિ રેલીનું આયોજન કરવામાં આવ્યું હતું. ઈદ્રાના ધનવંતરી મંદિર ખાતેથી શપથ બાદ રેલી સી.ટી. બી ડિવિઝન પોલીસ સ્ટેશન સામેના કેમ્પસ સુધી પહોંચવામાં આવી હતી. સવારે ૧૦ થી ૧૧ સુધી આ કાર્યક્રમમાં ટી.બી. મુક્ત ભારત રાષ્ટ્ર માટે સૂત્રો પોકારવામાં આવ્યાં હતાં અને ટી.બી. સંબંધી જાગૃતિનું સાહિત્ય પણ પ્રદર્શિત કરવામાં આવ્યું હતું. આ તકે ઈદ્રાના ઈ. નિયામક પ્રો. બી. જે. પાટગિરી નાયબ નિયામક ડો. જોબન મોઢા ડિન સહિત કર્મચારીઓ તથા જામનગર સિટી ટી. બી. ઓફિસર ડો. પલક ગપાણા અને સુપરવાઈઝર હાર્દિક પુરોહિત સહિતના અન્ય ટી. બી.ના કર્મચારીગણ જોડાયા હતા.

ઈદ્રા દ્વારા ક્ષય જાગૃતિ રેલી અને નિશ્ચય શપથ



(તસવીર : અદનાન ગોખીયા)

ઈદ્રા દ્વારા ભારત સરકારના ૧૦૦ દિવસ ટી.બી.નાબુદિના પ્રકલ્પ જાગૃતિ અભિયાનની ઉજવણી અંતર્ગત આજે સવારે સંસ્થાના વિદ્યાર્થીઓ-તબિબો અને કર્મચારીઓ દ્વારા ટી.બી. નાબુદિ માટે નિશ્ચય શપથ અને ક્ષય અંગે જનજાગૃતિ રેલી યોજાઈ હતી. ઈદ્રાના ધનવંતરી મંદિર ખાતેથી શપથ બાદ રેલી સી.ટી. બી ડિવિઝન પોલીસ સ્ટેશન સામેના કેમ્પસ સુધી પહોંચવામાં આવી હતી. સવારે ૧૦ થી ૧૧ સુધી આ કાર્યક્રમમાં ટી.બી. મુક્ત ભારત રાષ્ટ્ર માટે સૂત્રો પોકારવામાં આવ્યાં હતાં અને ટી.બી. સંબંધી જાગૃતિનું સાહિત્ય પણ પ્રદર્શિત કરવામાં આવ્યું હતું. આ રેલીમાં તબીબો, વિદ્યાર્થીઓ દ્વારા હર જાન હે પ્યારી, ચલો હો જાગ્યે ટીબી પર ભારી, ટીબી મીટાવો, સ્વસ્થ જીવન અપનાવો, ટીબી સે આઝાદી, હર વ્યક્તિની જીમ્દારી, દવા ઓર પોષક આહાર ટીબી પર કરેગા અંતીમ પ્રહાર જેવા બેનરો સાથે રેલી કાઢી લોકોને જાગૃત કરાયા હતા તેમજ જન જન કા રખે ધ્યાન, ટીબી મુક્ત ભારત અભિયાનના બેનર સાથે શહેરના મુખ્ય માર્ગો પર રેલી નીકળી હતી, આ તકે ઈદ્રાના ઈ. નિયામક પ્રો. બી. જે. પાટગિરી નાયબ નિયામક ડો. જોબન મોઢા ડિન સહિત કર્મચારીઓ તથા જામનગર સિટી ટી. બી. ઓફિસર ડો. પલક ગપાણા અને સુપરવાઈઝર હાર્દિક પુરોહિત સહિતના અન્ય ટી. બી.ના કર્મચારીગણ જોડાયા હતા.

૨૬ માં ગણતંત્ર દિવસની સમગ્ર જામનગર અને હાલારવાસીઓને ખૂબ-ખૂબ હાર્દિક શુભકામના...

શ્રી દિપુભાઈ એન. પારીયા
પૂર્વ કોર્પોરેટર અને અગ્રણીશ્રી, અનુસૂચિત જાતિ તથા મહેશ્વરી સમાજના સેવાભાવિક કાર્યકર, જામનગર.

જામનગર દ્વારા દરબારગઢ સર્કલમાં ગણતંત્ર પર્વની



જામનગર મહાનગરપાલિકા દ્વારા ૨૬મી જાન્યુઆરીના રોજ ગણતંત્ર પર્વની ઉજવણી માટે વોર્ડ નં. ૧૨ની પસંદગી કરવામાં આવી છે. આ વોર્ડના હાર્ટ અને શહેરની પ્રાચીન શાળા અથવા વિલેનિટન કોન્ટ્રેન્ટ (દરબારગઢ સર્કલ) ખાતે મહાનગરપાલિકાના તંત્ર દ્વારા તડામાર તૈયારી ચાલી રહી છે. મેયર વિનોદભાઈ ખીમનુપુર્ણા હસ્તે નિર્દેશો વહેરાવવામાં આવશે. આ પ્રસંગે સંસદ પૂનમબેન માડમ, ધારાસભ્ય દિવ્યસામાઈ અકબરી, દિવાળા જાડેજા, ડે.મેયર કિશાબેન સોહા, નાખવા, તથા નગરસેવક ઉપસ્થિત રહેશે. (તસ્વીર: હિતેષ મહવાણા)

ઈંદ્રા દ્વારા ક્ષય જાગૃતિ રેલી અને નિક્ષય શપથ

કર્મચા પાણી



જામનગર તા.૨૫:
જામનગરમાં મન નિર્દાષીન રહેતા સમર્પણ ઓવરકેલો થતાં હજારો વેકેશન ધરો હતાં. આથી થતાં ઈજાહતને નોટીસ કરે છે. આટલું જ નહીં પેન કરવામાં આવશે.
જામનગરના સમર્પણ પાણીની આવક સતત તેમનીથી વધુ વધવામાં અ

લોકજ



'ઈંદ્રા' દ્વારા ભારત સરકારના ૧૦૦ દિવસ ટી.બી.નાબુદિના પ્રકલ્પ જાગૃતિ અભિયાનની ઉજવણી અંતર્ગત આજે તા. ૨૫ જાન્યુઆરીના રોજ સંસ્થાના વિદ્યાર્થીઓ-તાલબા અને કર્મચારીઓ દ્વારા ટી.બી. નાબુદિ માટે નિક્ષય શપથ અને ક્ષય અને જાનજાગૃતિ રેલીનું આયોજન કરવામાં આવ્યું હતું. ઈંદ્રાના પન્નેતરી મંદિર ખાતેથી શપથ બાદ રેલી સી.ટી. બી ડિવિઝન પોલીસ સ્ટેશન સામેના કેમ્પસ સુધી યોજવામાં આવી હતી. સવારે ૧૦ થી ૧૧ સુધી આ કાર્યક્રમમાં ટી.બી. મુક્ત ભારત રાષ્ટ્ર માટે યુવો પોકારવામાં આવ્યાં હતાં અને ટી.બી. સંબંધી જાગૃતિનું સાહિત્ય પણ પ્રદર્શિત કરવામાં આવ્યું હતું. આ તકે ઈંદ્રાના ઈ. નિયામક પ્રો. બી. જે. પાટવિરી નાયબ નિયામક ડો. જોબન મોઢા દિન સહિત કર્મચારીઓ તથા જામનગર સિટી ટી. બી. ઓફિસર ડો. પલક ગણાત્રા અને સુપરવાઈઝર હાર્દિક પુરોહિત સહિતના અન્ય ટી. બી.ના કર્મચારીગણ જોડાયા હતા. (તસ્વીર: હિતેષ મહવાણા)

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Dr BK Mishra | Jan 27, 2025



As the State Tuberculosis Officer of Bihar, I've had the privilege of engaging with numerous representatives from Community Radio, and these conversations have been both enlightening and thought-provoking. What stood out to me most during our discussions is how, despite the growing awareness of tuberculosis (TB), the power of radio remains as relevant as ever. In fact, radio continues to be a cornerstone of information dissemination, and as we work toward the goal of eliminating TB, it will undoubtedly remain a vital tool in reaching communities across the state, particularly in rural India. Personally, I find myself enjoying the simplicity and warmth of



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